



Dear Morris Hills High School Community:

October is National Bullying Prevention Month, and the Teen Leadership Council is sponsoring a week of activities during the Week of Respect (October 7th to October 11th). Our purpose is to bring awareness to this important issue and provide information that helps the Morris Hills High School community make healthy choices. Unity Day, Wednesday, October 16th, is the signature event of National Bullying Prevention Month and has been recognized in the United States since 2011. To participate in Unity Day, individuals, schools, communities, and businesses wear or share the color orange to unite for kindness, acceptance, and inclusion to prevent students from being bullied.

The Teen Leadership Council will be sponsoring the following activities during the month of October:

- 1) **WEAR BLUE** on Monday, October 7th - The World Day of Bullying Prevention.
- 2) **NEON DAY** - Tuesday, October 8th - Let's keep things light and bright! Wear a neon color to show we are too bright to bully at Morris Hills High School.
- 3) **NO DRAMA PAJAMA DAY** on Wednesday, October 9th.
- 4) **JERSEY DAY** - Thursday, October 10th - Wear a jersey that shows your heritage. If you do not have a jersey, wear your flag's colors. All second block teachers will receive an index card so each student can share something about his or her heritage so we can all learn from each other. We will hang the index cards in the Social Studies hallway.
  - a) Respect yourself
  - b) Respect your school
  - c) Respect diversity
  - d) Respect your environment
- 5) **CHALK WALK** on Friday, October 11th.
- 6) **WEAR ORANGE** for Unity Day on Wednesday, October 16th - A small activity - **YOU CAN SIT WITH US INITIATIVE** - for second block teachers to do with students will be disseminated as the date gets closer.

Teen Leadership Council advisor, Nicole Gentile, recommends the following resources for community members who want to learn more about this important issue.

- [WHAT PARENTS SHOULD KNOW ABOUT BULLYING](#)
- [BULLYING FACTS](#) and [BULLYING STATISTICS](#) from Pacer's National Bullying Center
- [TALKING POINTS](#) for discussing this important issue and [BANNERS](#) for teachers to post in Google Classroom
- Information about the unique characteristics of [CYBERBULLYING](#)
- Resources in [SPANISH](#)
- Web resources designed specifically for [KIDS AND TEENS](#)
- A curated list of [VIDEOS](#) with themes of kindness, acceptance, and bullying prevention

Sincerely,

The Teen Leadership Council