



MORRIS HILLS ATHLETICS

The Ten Commandments of Sportsmanship

- 1. "Golden Rule"-- Do unto others as you would have others do unto you.**
- 2. Enjoy yourself and promote enjoyment for others.**
- 3. Be responsible for your actions.**
- 4. Have an open mind to others' weaknesses and have a forgiving attitude.**
- 5. Have pride in one's performance and one's school.**
- 6. Be a friend, not an enemy, and create a positive environment.**
- 7. Encourage others to do or be their best.**
- 8. Sportsmanship should be contagious.**
- 9. Remember it is a privilege to participate.**
- 10. Practice sportsmanship in all situations at all costs.**

Source: University Interscholastic League