

MORRIS HILLS HIGH SCHOOL

ATHLETICS

Parent/Coach Relationship

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide a greater benefit to children. As parents, when your children become involved in our program, you have the right to understand what expectations are placed on your child. This begins with clear communication from the coach of your child's program.

Communication You Should Expect From Your Child's Coach

1. Philosophy of the coach.
2. Expectations and goals the coach has for your child as well as for the team/season.
3. Location and times of all practices and contests.
4. Team requirements such as: special equipment, strength and conditioning programs.
5. Procedure should your child be injured during participation.
6. Team rules and guidelines and consequences for infractions.
7. Lettering criteria.

Communication Coaches Expect From Athletes/Parent

1. Concerns expressed directly to the coach.
2. Notification of any schedule conflicts in advance.
3. Notification of illness or injury as soon as possible.

As your children become involved in the programs at Morris Hills or Morris Knolls High Schools, they will experience some of the most rewarding moments of their lives. It is important to understand that there also may be times when things do not go the way you or your child wish. At these times, discussion with the coach is encouraged. It is the first and most integral step to understanding and resolution.

Appropriate Concerns to Discuss With Coaches

1. The treatment of your child
2. Ways to help your child improve.
3. Concerns about your child's behavior.

It is very difficult to accept your child not playing as much as you hope. Coaches are professionals. They make judgment decisions based on what they believe to be the best for all student-athletes involved. As you have seen from the list above, certain things can be and should be discussed with your child's coach. Other things, such as those listed on the next page, must be left to the discretion of the coach.

Issues Not Appropriate to Discuss With Coaches

1. Playing Time
2. Team Strategy
3. Play Calling
4. Other Student-Athletes
5. Selection of Captains
6. Practice Organization

There are situations that may require a conference between the coach and player, or coach and parent. These are to be encouraged. It is important that all parties involved have a clear understanding of the other's position. When these conferences are necessary, the following procedure should be followed to help promote resolution to the issue of concern.

1. Call the coach to set up an appointment.
2. The Morris Hills High School number is: (973) 664-2307 and the Morris Knolls High School number is: (973) 664-2238
3. If the coach cannot be reached call the Director of Athletic at the respective school.
4. Please do not attempt to confront a coach before or after a contest or practice. These times can be emotional for both the parent and coach. Meetings of this nature usually do not promote positive resolutions.

Parent Code of Conduct

1. Make sure your children understand that win or lose, you love them.
2. Be realistic about your child's physical ability.
3. Help your child set realistic goals.
4. Emphasize "improved" performance, not winning.
5. Don't relive your own athletic past through your child.
6. Provide a safe environment for training and competition.
7. Control your emotions at games and events.
8. Be a "cheerleader" for your child AND other children on the team.
9. Respect your child's coaches. Communicate with them in a positive way.
10. Be a positive role model.
11. Never communicate with the officials.
12. Never approach a coach or athlete during a contest or coach your child from the stands.
13. Never enter the field of competition.

Be sensible and responsible, and keep your priorities in order. There is a lot more at stake than a won/loss record.



"Home of the Scarlet Knights"